MODULE 3:
EXPAND YOUR POTENTIAL

Module 3: Video Worksheet

Take a few moments to think about how your life will look if you continue with your current patterns of self-sabotage. This is not a *possible* future, this is a definite future if you don't create changes.

Now take a few minutes to think about how your life will look if you held back nothing and took massive action toward your goals.

These two futures look very different, and both are 100% determined by you. Are you okay with settling or are you ready to raise your standards and reap the rewards?

How can you start today and raise your standards to create your ideal future?